



# Upton Primary Newsletter

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25th September 2020

**Upton-upon-Severn CofE Primary, Nursery and Pre School and Riverboats SureStart Children's Centre, working together to support the local community**



**Our School Vision is to offer inspiration to young lives  
'Anything is possible, we can all succeed'**

**'To inspire ... To aspire'  
I can do all things through Christ who strengthens me (*Philippians 4:13*).**

## WEEKLY BIBLE QUOTE

*But if we hope for what we do not see, we wait for it with patience.*

*Romans 8:25*

## OUR TEAM

At Upton we fly together like geese, supporting one another through the challenges that we may face. There have been a lot of challenges faced by our team in the opening weeks of term, many coming at a moment's notice, and I wanted to say I am extremely proud of their professionalism, caring nature and kindness to support the children's reintegration back to school - and their desire to support them in the next phases of their learning. I would also like to extend this to the Governors, parents/carers and the local community who we value as part of our team.

We are very lucky that we have such positive and dedicated staff trained to a high level to care for our children. These are challenging times for everyone and we understand that these are unique and stressful times; thank you to those who are playing their supportive part in our approaches, even though at times they may seem difficult to understand and implement. We will try and support everyone in the best way we can.

## NHS TEST AND TRACE COVID-19 APP

Yesterday the NHS launched their Test and Trace app ([NHS COVID-19 app](#)). The app has been launched to help control the spread of coronavirus (COVID-19). It will do this by alerting people who may have been exposed to infection so that they can take action.

The app is available for smartphones only - not tablets, smartwatches or other devices for anyone aged 16 or over. To get started, go to [Android's Google Play](#) or [Apple's App Store](#) and search for "NHS Covid-19". The handsets must have Android 6.0 (released in 2015) or iOS 13.5 (released in May 2020) and Bluetooth 4.0 or higher. That excludes the iPhone 6 and older versions of Apple..

## NHS FLU VACCINE (FRIDAY 13th NOVEMBER)

Flu vaccines will be offered to all children in this school from Reception to Year 6 on Friday 13th November. Prior to that date, you will receive a letter from the NHS providing further information about the vaccine. This will also request that parents/carers provide consent before the vaccine can be administered.

**PARENTS EVENINGS**

This term's Parents evenings will take place on Tuesday 13th and Wednesday 14th October. We are conscious that we want to give parents some time to talk 'face-to-face' with their child's teacher, as all communications have taken place via the class emails up to this point. However, given the current circumstances, these parents' evening consultations will take place online via Zoom. More information will be shared with families next week.



**SCHOOL PHOTOS**

Individual school photos will take place on Monday 28th September. All children will be invited to have their photo taken following social distancing procedures. Unfortunately, at this time, we are unable to accommodate sibling photos.

**CENSUS DAY (PIZZA)**

Next Thursday, 1st October, is Census Day. This is a day where the Local Authorities collect all information from schools and base any future funding on this information.

One of the criteria for funding is how many children in Reception and Years 1 and 2 (KS1) take up the Universal Free School Lunches (UFSM), which all children in Reception and KS1 are entitled to, during term time. Black Pepper will therefore be changing their menu and providing pizza and wedges for all Reception and KS1 children on Census Day. Should you wish to send a separate packed lunch for your child then please feel free to do so.

This option will also be available to all our KS2 children to purchase and any orders for this must be placed online through Black Pepper Lunches by **Monday 28th September**.

**HARVEST FESTIVAL**

This year, our harvest celebration will have a different format! Each class will be recording their contribution and these will form a video which you will be able to watch at home from Friday 9th October. We hope you will enjoy seeing the children perform in this different way.



We have a number of children whose parents have not given permission for us to photograph/film them and so these children will not be in the video, unless we receive this permission by **Wednesday 30th September**. Please check the Parental Consents in the Data Collection section of the SIMs Parent App for clarification as to whether you have given this permission. Email or phone consent will not be acceptable. Please do however contact the office if you have any problems in accessing the SIMs app.

In previous years Malvern Foodbank has been grateful for your generosity in donating tinned foods and we would like to ask you to donate to this good cause again this year. Please could children bring either a tin or packet food item (with a lengthy expiry date) into school on Friday 9th October.

**VACANCIES**

We have a vacancy for a lunchtime supervisor. For further information please either see details on our school website or contact the school office.

**SPEECH AND LANGUAGE - Coping with Change**

There are a lot of changes and uncertain events at the moment for children. Here are five tips to help children cope with change:

If you have any concerns about your child's communication skills please phone or email the school office (office@uptonuponsevern.worcs.sch.uk) and I will call you back on my next visit into school. You can also contact me directly on 01562 752749.

**Keren Somers (Speech and Language Therapist)**

**5 ways to help children to cope with change**

- Prepare children for a change as soon as possible.
- Be a great role model! Show them how you cope with changes to your plans too.
- Acknowledge their feelings – but stay calm and confident yourself.
- Tell them which parts of the plan are still the same!
- Use a visual timetable and let them help you swap the picture that is changing.



**HERE2HELP**

Here2Help is here for families self-isolating and unable to get support from friends, family or neighbours. We are recommending that in the event of families needing to self-isolate that settings and schools provide these contact details for any additional support a family may benefit from.

On the Here2Help website families can find resources to help with staying at home during Coronavirus as well as an online form they can fill out to request the support they need.

If the family does not have internet access, they can call 01905 768053 which is open Monday to Thursday, 9.00am to 5.00pm and Friday 9.00am to 4.30pm.

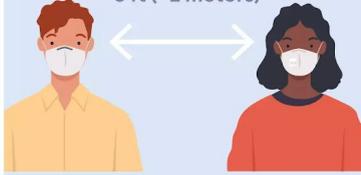
Here2Help will signpost callers to up to date advice and arrange volunteer support where required to help those who are unable to leave their homes as a result of needing to self-isolate.

The types of support available include:

- Collecting and delivering food and supplies
- Arranging emergency food support
- Help collecting prescriptions
- Help with other commitments such as pet needs
- Support for those who are feeling isolated
- Advice around money, benefits and debt

For more information visit: [www.worcestershire.gov.uk/here2help](http://www.worcestershire.gov.uk/here2help)

## 3 W's to reduce risk of COVID-19

<p><b>W</b>ear a mask</p> 	<p><b>W</b>ash your hands</p> 	<p><b>W</b>atch your distance</p> <p>6 ft (~2 meters)</p> 
<p><b>COVID-19</b>   More info at <a href="http://PreventEpidemics.org">PreventEpidemics.org</a> <span style="float: right;">#KnowCOVID #PreventEpidemics</span></p>		