



Upton Primary Newsletter

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4th December 2020

Upton-upon-Severn CofE Primary, Nursery and Pre School and Riverboats SureStart Children's Centre, working together to support the local community



Our School Vision is to offer inspiration to young lives
'Anything is possible, we can all succeed'

'To inspire ... To aspire'
I can do all things through Christ who strengthens me (*Philippians 4:13*)

WEEKLY BIBLE QUOTE

In His hand is the life of every living thing and the breath of all mankind.

Job 12:10



IT'S STARTING TO LOOK A LOT LIKE CHRISTMAS...

Our school is starting to look a lot more festive with trees and lights ablaze and the Christmas spirit being raised. We are doing our utmost to give the children an enjoyable festive time at school, albeit looking slightly differently from years gone by. We have made additional protocols and arrangements around Christmas, specifically to try to ensure we keep our community as safe as possible.

There are a couple of segments in this newsletter about Christmas; please read them carefully to ensure everyone is aware of our safe approaches and events we are doing during this festive time.

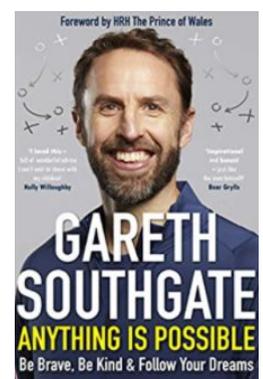
ANYTHING IS POSSIBLE: ASK GARETH A QUESTION...

Gareth Southgate is manager of England's senior men's football team and a former professional footballer. At the 2018 World Cup, his inspirational leadership and his 'anything is possible' mindset helped bring the nation together, leading the Three Lions to the semi-finals and one of their best performances at a tournament in decades. He has also won Coach of the Year at the BBC Sports Personality awards and received an OBE.

We have the opportunity to ask the England men's team football manager a question or two via Zoom!

Please ask your child what they would like to ask and let us know by filling in the following form by **Thursday 10th December**:

<https://forms.gle/2KM1MJcjV3AUdvRW6>



CHRISTMAS GIFTS

Christmas is a time for giving and receiving gifts and we know some of you may want to show your gratitude to the staff with a small present. If you wish to give a member of staff a gift, please do not be disappointed if your child cannot see their member of staff open it; we are asking all staff to quarantine anything for 72 hours before opening anything. Anything that will be sent home from school, will have been quarantined for at least 72 hours and handed out with gloves under our COVID protocol.

CHRISTMAS TREES IN UPTON

We were pleased to be asked to contribute a Christmas tree to the wonderful display by the PepperPot, organised by Amy from the Baptist Church. Our children were all involved in making decorations for this and have made either stars or, to reflect our school ethos, a goose to hang on the branches.



Do have a look at all of the trees as there is a super display by various groups in our local community and it does bring a little Christmas cheer as you arrive or leave Upton! This is a lovely way for us to contribute to our local town, sharing our value of 'Community' this half term.

CHRISTMAS ACTIVITIES

In the final week of term each class will have their own Christmas party which will follow COVID-safe practices. Thorough thinking has gone into the planning of these events to ensure they are enjoyable and safe. There will also be virtual offerings for families to enjoy via their online learning platforms in the next few weeks.

PARENT GOVERNOR VACANCIES

As you will see from the table below, Alex Longhi was voted back in, with Jessica Wood also being voted as a Parent Governor for the next two years. We would like to thank Clare and Jarrod for their applications and the school community for their votes.

CANDIDATE NAME	VOTES
Alex Longhi	35
Jessica Wood	28
Clare Bell	19
Jarrod Christian	10

HANDI PAEDIATRIC APP

The Worcestershire Paediatric Handi App was developed initially by the Paediatric Team at Musgrove Park Hospital in Taunton to provide expert support to parents/ carers and medical professionals looking at children with the most common childhood illnesses. The App is free to download and is available for both Apple and Android devices.



Year 1 won the Smarties Challenge. They voted to have a class party and celebrated this today today!

Thank you to everyone who contributed to the Smarties fundraiser.

WCF ONLINE COURSES FOR PARENTS/CARERS

Worcestershire Children First have designed some courses for parents and carers for 2021 to meet needs, based on partners' requests. Some of the courses have also been designed to attract parents and carers to support the needs they have identified. All courses are short six or eight week courses, with the majority being in the evenings.

All of the courses listed on the attached sheet are currently free for all parents and carers to book onto via:

www.worcestershire.gov.uk/courses

KINDNESS CALENDAR

As a focus, to ensure that we are supporting our children and school communities health and emotional well-being, we are delighted to share the kindness calendar below. As a school we focus strongly on team support and like to feel all of our children are wrapped in the kindness that we know they all deserve. The quote for today is 'Give kind comments to as many people as possible today'. The calendar goes all the way through December and every day there is something special for us to focus on; 'Let's look beyond our differences and help each other. Every act of kindness matters.'

KINDNESS CALENDAR: DECEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Share the Kindness Calendar with others and spread kindness	2 Contact someone you can't be with to see how they are	3 Offer to help someone who is facing difficulties at the moment	4 Give kind comments to as many people as possible today	5 Make a gift for someone who is homeless or feeling lonely	6 Support a charity, cause or campaign you really care about	
7 Leave a positive message for someone else to find	8 Do something helpful for a friend or family member	9 Notice when you're hard on yourself or others and be kind instead	10 Listen wholeheartedly to others without judging them	11 Be generous. Feed someone with food, love or kindness today	12 Buy an extra item and donate it to a local food bank	13 See how many different people you can smile at today
14 Share a happy memory or inspiring thought with a loved one	15 Contact an elderly neighbour and brighten up their day	16 Look for something positive to say to everyone you speak to	17 Practice gratitude. List the kind things others have done for you	18 Give away something that you have been holding on to	19 Buy locally and support independent shops near you	20 Contact someone who may be alone or feeling isolated
21 Appreciate kindness and thank people who do things for you	22 Congratulate someone for an achievement that may go unnoticed	23 Choose to give or receive the gift of forgiveness	24 Bring joy to others. Share something which made you laugh	25 Treat everyone with kindness today, including yourself!	26 Get outside. Pick up litter or do something kind for nature	27 Call a relative who is far away to say hello and have a chat
28 Be kind to the planet. Eat less meat and use less energy	29 Turn off digital devices and really listen to people	30 Let someone know how much you appreciate them and why	31 Plan some new acts of kindness to do in 2021	Let's look beyond our differences and help each other. Every act of kindness matters		

ACTION FOR HAPPINESS #DoGoodDecember www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/do-good-december Keep Calm · Stay Wise · Be Kind

PSHE FEEDBACK

Thank you for all the responses to our questionnaire last week. We have looked at the feedback and online safety was a high priority within the community's feedback. In response to this we will regularly send information along with the newsletter about different aspects of online safety. If there is a specific request about the e-safety curriculum that you would like support with then please email the school so that we can do our best to support our community with this.

SPEECH AND LANGUAGE

Some teaching staff are running small groups to develop narrative skills using the Black Sheep Press Narrative programme. This is a small group intervention which supports children to be able to retell stories and develop their expressive language skills.

Here is an activity you can play at home to practise narrative skills with younger children – roll the dice and make up your own story!

Rolled...	Character	Setting	What happened?
	A princess 	In a wood 	Got chased by a bear 
	A troll 	A castle 	Got lost 
	A dragon 	In a distant galaxy 	Found a magic key 
	A wizard 	A cave 	Ate a toadstool 
	A gnome 	On an island 	Met a talking frog 
	An astronaut 	A haunted house 	Heard some magical music 



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If you have any concerns about your child’s communication skills please phone or email the school office, and I will call you back on my next visit into school. You can also contact me directly on 01562 752 749. **Keren Somers (Speech and Language Therapist)**



COMMUNITY

UPTON'S Christmas Shop Window Trail

3 – 19 DEC 2020

Follow the trails to help Santa find a hidden word or phrase



The name of Santa's helper is:



Trail starts during Late Night Shopping on Thur 3 Dec
Complete the challenge by Sat 19 Dec



His list of good girls and boys has been locked away by mischievous little Elves. Overnight, the Elves have visited Upton high street and hidden a series of letters in shop windows.

Follow the maps to find the hidden letters which will reveal a jumbled Christmas themed word or phrase. Santa will need the correct answer to unlock his very important list.

As a reward, Santa has left a prize available to collect from Upton Tourist Information Centre.

There will be Christmas jokes to read along the way, can you guess the answer before you find it at the next window?

Vote for your favourite festive shop window
visit: www.malvern hills.gov.uk/christmas

Please note:

- Make sure children are accompanied by a responsible adult
- Be careful crossing the roads and use designated road crossings
- Be mindful of social distancing, especially on pavements
- Hand sanitiser stations are accessible on each trail

Christmas Shop Window Trail - Map



Letter Locations

- | | |
|--|--|
| <input type="checkbox"/> 1. The Kings Head | <input type="checkbox"/> 10. Louise James Florist |
| <input type="checkbox"/> 2. Mojitos | <input type="checkbox"/> 11. Bits and Bobs |
| <input type="checkbox"/> 3. The Map Shop | <input type="checkbox"/> 12. Hair by Etiquette |
| <input type="checkbox"/> 4. Parkers Bazaar | <input type="checkbox"/> 13. Number 24 |
| <input type="checkbox"/> 5. Greetings from Upton | <input type="checkbox"/> 14. Colston Bakeries |
| <input type="checkbox"/> 6. RSPCA | <input type="checkbox"/> 15. Minnie's Vintage |
| <input type="checkbox"/> 7. The Stitchery | <input type="checkbox"/> 16. Ginger and Pickles Traditional Toys |
| <input type="checkbox"/> 8. Alchemy Antiques and Photography | <input type="checkbox"/> 17. Lloyds Bank (Display-Flour De Lis Patisserie) |
| <input type="checkbox"/> 9. Upton Baptist Church | <input type="checkbox"/> 18. Upton Emporium |

The Christmas themed word or phrase is:



How to claim your prize

Take your answer to the Upton Tourist Information Centre by Saturday 19 December to collect your prize.

Please note opening hours are:
Monday, Friday and Saturday 10am – 1.15pm and 2pm – 4pm.

The Tourist Information & Heritage Centre
The Pepperpot
Church Street
Upton upon Severn
Worcestershire, WR8 0HT

To find the nearest car parks,
visit: www.malvern hills.gov.uk/car-parks

Have a go at our other trails in Malvern and Tenbury.

For more information,
visit: www.malvern hills.gov.uk/christmas